

Happy Echo's Huge List of Positive Affirmations:

This list is constantly up-dated. To make sure you have the most current version please visit:

<http://www.happyecho.com/happyechos-huge-list-of-affirmations.html>

Mental/Attitude:

1. Why do I accomplish anything I set my mind on?
2. Why do I have the energy and passion to make my thoughts a reality?
3. Why do I know I am responsible for my own attitude?
4. Why are my thoughts clear and focused?
5. Why do I know exactly what I want?
6. Why am I a creative genius?
7. Why am I grateful for each experience in my life?
8. Why am I super confident?
9. Why do I remain confident and unaffected by any negative attitudes around me?
10. Why do I have everything I need right now to accomplish everything I want?
11. How come at every turn, opportunity appears before me?
12. Why am I a successful in all that I do?
13. Why do I believe in me?
14. Why am I so Lucky?
15. Why do I always see the positive in all situations?
16. Why am I so excited to wake up every morning?
17. Why am I always in the right place, at the right time, doing and saying all the right things to get exactly what I want?

Physical/Health:

1. Why am I so fit and healthy?
2. Why do I have abundant energy, vitality and well-being?
3. Why do I lose weight so effortlessly?
4. Why do I take deeper, longer, more relaxed breaths?
5. Why do I take care of myself by eating and sleeping properly?
6. Why is my body so intelligent and capable of healing itself so quickly?
7. Why does every Cell in my body vibrate with energy and health?
8. Why do I feel so great?
9. Why am I in control of my own well being?
10. Why am I always in the stream of well being?
11. Why do I love eating healthy?
12. Why is exercise so much Fun?
13. Why am I beautiful inside and out?
14. Why when I look in the mirror do I see true beauty in my every imperfection?
15. Why do I look so great naked?
16. Why do I feel so sexy?

Money/Abundance:

1. Why did I finally release my fears and my doubts about money?
2. Why am I easily accepting abundance into my life, now?
3. Why am I getting wealthier each and every day?
4. Why do I know I deserve abundance?
5. Why do I not only have an abundance of money, but also an abundance of time to enjoy it with?
6. Why does money come to me effortlessly?
7. Why am I the luckiest person I know?

8. Why am I a truly money magnet?
9. Why am I thankful for the limitless, overflowing source of my abundance?
10. Why does everything I touch return great abundance to me?
11. Why am I great at managing such large amounts of money?
12. Why does money come to me from unexpected sources?
13. Why do I appreciate my money?
14. Why do I live a truly abundant life?
15. Why have I mastered saving money?
16. Why has my saving account grown so large this year?
17. Why do I have way more money than I could ever know what to do with?
18. Why can I pay all my bills months in advance?
19. Why is donating 10% of my income to charity easier than it has ever been?
20. Why do I know this is the best year yet for all of my bank accounts?
21. Why does it feel like money really does grow on trees?
22. Why does money love being with me?
23. Why do I have way more than I need to take that dream vacation this year?
24. Why did I save more for retirement this year than all the previous years combined?
25. Why do I finally feel financially secure?
26. Why am I so effortlessly able to help those that I care about?
27. Why do I make more money than anybody else I know?
28. Why does my income grow with each passing day?
29. Why do I trust that the Universe will always provide for me?
30. Why do I always make such great financial decisions?
31. Why am I abundantly grateful for all of my blessings?
32. Why do I live such a blessed life?
33. Why do I have so many great ideas when it comes to making money?
34. Why am I passionate about making money?
35. Why do I have multiple sources of income?
36. Why do I even make money while I sleep?
37. Why do I know I am worthy of having such great abundance?
38. Why I am I able to make money doing the things I love the most?

Relationships/Love:

1. Why do I radiate love and happiness?
2. Why do I know I am worthy of love?
3. Why do I love and accept myself for who I am?
4. Why do I attract positive people into my life?
5. Why do I love and appreciate myself so much?
6. Why am I surrounded with loving and caring people?
7. Why is it the more I love, the more that love is returned to me?
8. Why do I have such great, loving, long term relationships?
9. Why do I get along so well with others?
10. Why do people like me and want to be around me?
11. Why do I forgive others easily?
12. Why am I so appreciative and grateful for my family and friends?
13. Why do I accept people for who they are?
14. Why do I always see the good in others?
15. Why do I choose to focus on the positive attributes of myself and others?
16. Why do I have the perfect partner for me?
17. Why do my partner and I have a supportive relationship?
18. Why have I finally released my fears and doubts about true love?
19. Why is it so easy for me to express the love in my heart?
20. Why do I know the love I have for others makes me a stronger, better person?
21. Why do I love with such great passion?
22. Why do I stay present in all my relationships?

Career:

1. Why do I possess an endless supply of creativity, and energy for any project I take on?
2. Why do I make effective use of my time?
3. Why are my career possibilities endless?
4. Why do I get promoted fast?
5. Why do others recognize me for all the good I do?
6. Why does the Universe support my every effort?
7. Why am I persistent in reaching my goals?
8. Why do I always above and beyond my goals?
9. Why do my co-worker love and appreciate me?
10. Why do I love and appreciate my co-workers?
11. Why do I love my job?
12. Why am I grateful for my job?
13. Why am I really great at what I do?
14. Why do I have my dream job?
15. Why am I living my passion?
16. Why do I have so much passion for what I do?
17. Why do I wake up every morning excited to go to work?
18. Why do I have so much freedom in my job?
19. Why do I make more than I ever imagined that I could?
20. Why do I communicate my thoughts and ideas so clearly to others?
21. Why do I work well with others?
22. Why am I a team player?
23. Why is everybody I work with so intelligent and great at their jobs?
24. Why am I so confident in front of others?
25. Why does my work provide me with a deep sense of satisfaction?
26. Why am I so successful?

Spiritual:

1. Why am I connected to the source of all things?
2. Why am I unconditional Love?
3. Why do I receive such accurate inner guidance from my source?
4. Why do I appreciate my inner guidance and follow it faithfully?
5. Why is all that I need inside me right now?
6. Why does God love me and accept me unconditionally?
7. Why do I love and appreciate God?
8. Why is my higher self always there for me to assist with all things?
9. Why is it so easy for me to silence my thoughts and here God's guidance?
10. Why am I a spiritual being enjoying a physical experience?
11. Why do I create heaven here on earth?
12. Why am I kind to others?
13. Why do I see the value in all things and all people?
14. Why do I know that everyone deserves Love?
15. Why do I accept people for who they are right now?
16. Why do I enjoy meditating?
17. Why do I always find time in my day to stop and appreciate the world that surrounds me?
18. Why am I so intuitive to others feelings and needs?
19. Why do I practice non-judgment every day?
20. Why do I see the beauty and perfection in all things?
21. Why does every cell of my body vibrate with love?
22. Why am I safe and protected always?

Combinations:

1. Why do I gratefully accept all the health, wealth and happiness that the universe gives to me?

2. Why do I deserve love, success and happiness?
3. Why am I a lucky, happy, healthy, wealthy successful person?
4. How come love, health and wealth flows abundantly into my life?
5. Why do I possess an abundance of creativity and energy?

Get started making your own list - the above are just examples - you want say affirmations that mean something to you. Don't forget to add emotion and imagination. Repetition is the Key!